



## OUR MISSION

Feeding South Florida's mission is to end hunger in South Florida by providing immediate access to nutritious food, leading hunger and poverty advocacy efforts and transforming lives through innovative programming and education.

The largest domestic hunger-relief organization in South Florida, Feeding South Florida, works to put food on the table for many South Floridians in need of food assistance.

### FOOD INSECURITY BY COUNTY:

#### PALM BEACH

203,520.....PEOPLE  
63,390.....CHILDREN

#### BROWARD

274,550.....PEOPLE  
80,090.....CHILDREN

#### MIAMI-DADE

384,390.....PEOPLE  
141,710.....CHILDREN

#### MONROE

9,460.....PEOPLE  
2,460.....CHILDREN

## IMPACT ON OUR COMMUNITY



The unique partnership between Feeding South Florida and our 325 nonprofit Partner Agencies in our quad-county service area increases efficiencies and maximizes impact.



Over \$62 MILLION in grocery products distributed annually

## HUNGER IN SOUTH FLORIDA



In many ways, South Florida is a paradise, but for 1 in 6 individuals, hunger is a reality. Many people believe that the problems associated with hunger are confined to small pockets of rural societies or other countries, but the reality is much different:

- 871,920 South Floridians struggle with hunger
- 50% of the families we serve have at least one working adult
- 1 in 4 Children (287,650) in South Florida go to bed hungry
- 1 in 7 Older Adults (150,000) face the choice between paying rent, utilities, buying medication or putting food on the table

### IMPACT OF HUNGER

A critical component of a high quality of life is good health, which starts with healthy eating. Unfortunately, food insecurity (low wages and lack of access to healthy and fresh food) is a significant barrier that prevents so many from living, working and playing in South Florida.

#### For children, lack of food and poor nutrition can lead to:

- Behavioral issues
- Low performance in school
- Impaired cognitive skills
- Immediate and long-term health complications: diabetes, obesity and high blood pressure

#### For older adults, lack of food and poor nutrition can lead to:

- Increased risk of heart disease, osteoporosis and kidney failure
- Memory loss
- Choosing between paying for vital healthcare or life-sustaining groceries

Florida ranks 12<sup>th</sup> in the United States for childhood food insecurity at an outstanding 27.6%.

## HOW WE WORK



**DONATIONS ARE MADE:** Feeding South Florida receives food, grocery and monetary donations from all kinds of sources such as retail stores, growers and farmers, government agencies, corporations, schools, individuals and other organizations.



**FOOD IS TRANSPORTED:** Feeding South Florida ensures the reliable transportation and safe storage of donated products.



**AGENCIES & FOOD ARE INSPECTED:** Feeding South Florida adheres to strict policies on food safety, distribution, civil rights, and other governance guidelines. We ensure the safe and equitable distribution of food throughout our quad-county service area.



**FOOD IS DISTRIBUTED TO THOSE IN NEED:** Emergency food is provided to families and individuals through our nonprofit partner agencies and our direct service programs such as the Mobile Food Pantry and Meals for Minds.

## Feeding South Florida: Changing lives, one meal at a time.

Established in 1981, Feeding South Florida is Florida's leading domestic hunger-relief organization. With its network of nonprofit Partner Agencies, Feeding South Florida provides food and support to almost 1 Million food insecure individuals throughout Palm Beach, Broward, Miami-Dade and Monroe Counties.

# 10,000

**VOLUNTEER HOURS**

help carry out our vision for a  
hunger-free South Florida

# \$1 =



6 meals  
provided for  
every dollar  
donated.



## ABOUT FEEDING<sup>®</sup> AMERICA

Feeding South Florida is proud to be the sole Feeding America affiliate for Palm Beach, Broward, Miami-Dade and Monroe Counties. As food insecurity rates have skyrocketed over the last five years, Feeding America, Feeding South Florida, and its affiliate food banks across the country have risen to the challenge by feeding over 37 million people annually. Feeding South Florida has a goal to more than double the amount of food distributed annually by 2017.

## GET INVOLVED

According to a study conducted by Feeding America, over 300 million pounds of fresh fruits and vegetables go to waste in Florida every year. Hunger is not solely about supply, it is about logistics; getting the food from those who have it to those who need it.

**DONATE FUNDS:** For every \$1 donated, we can provide 6 meals. By donating to Feeding South Florida, your dollar stretches the furthest when it comes to providing emergency food assistance.

**VOLUNTEER:** Give your time by sorting emergency food boxes, packing backpacks of food for children who don't eat over the weekend and distributing food at our Mobile Pantry.

**CONDUCT A FOOD AND FUND DRIVE:** Give the gift of food by enlisting your friends, family, neighborhood, place of worship, club, etc. to conduct a food and fund drive. Make a greater impact by conducting regular food drives consisting of our top 10 items. You can even host a virtual food drive!

**ADVOCACY:** Lend a voice to those who otherwise wouldn't have one. Help ensure public policy supports hunger relief efforts.

## WAYS TO GIVE FINANCIALLY

**DONATE ONLINE:** Your secure, online donation helps provide emergency food for families who are struggling to put food on the table.

**MONTHLY GIVING:** Regular, monthly gifts ensure a sustainable method of supporting those struggling to put food on the table.

- \$60 provides a weekend packpack full of 6 meals for 10 children per week
- \$147 provides one week's worth of meals to an individual
- \$500 provides over 2,000 pounds of fresh produce

**HONOR & MEMORIALIZE:** Honor someone special with a tribute gift to Feeding South Florida or make a donation in memory of someone who has had an impact on your life.

**PLEDGE A GIFT:** Whether providing a long-term pledge or a bequest, your Legacy Commitment will provide real solutions to hunger and poverty on a multi-year basis. Your gift will have a long lasting impact on Feeding South Florida and ensure continued hope for those in need of food assistance.

**CORPORATE GIVING:** Companies, both large and small, can have a huge impact on the community through economic support of programs, volunteerism, and leadership. Corporations can host a team-building day at Feeding South Florida, enroll in payroll giving and match programs, and help establish and maintain innovative programming.

**CAUSE MARKETING:** Joint branding increases Feeding South Florida's ability to raise awareness of hunger in South Florida. Corporate benefits include increased visibility in the community, positive public perception, improved customer relations, and marketing opportunities across four counties.